

Self Harm and Autism

Facilitated by Conor McCafferty (Zest NI)

This half day workshop will help participants understand and support those with Autism who self-harm

Course Aim

The aim is to look at the physical and medical alternatives that an autistic young person might be communicating through their behaviour that is assumed to be self-harm. In many cases it is not self-harm as we know it but the young person's attempt to communicate a medical condition or a problem with a person, place, or thing.

This workshop looks at all the possible alternatives and allows the parent/carer to be accurate in supporting the Young Person.

For further information on training please contact:

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